



What's in my make-up bag?

Fearné Cotton
television presenter

STUDIO FIX POWDER

£19.50, by *Mac* (maccosmetics.co.uk).

If I'm going out and know there will be paparazzi, I put this on so I don't have a big, shiny forehead. It brings my skin tone up a shade less blue, too

AUTOMATIC BROW PENCIL DUO

in Soft Blonde, £16.50, by *Estée Lauder* (esteelauder.co.uk).

I love thick eyebrows, but mine are fair and overplucked. This is quite chalky so fills them in nicely without turning them into huge caterpillars

ESSENTIAL-C DAY MOISTURE

£53, by *Murad* (murad.co.uk).

I always have this in my bag. The whole range smells and feels beautiful, and works wonders on any dry or flaky patches

LIPSTICK

in Purple Twilight, £5 (as part of a set), by *Fearné Cotton for Boots* (boots.com).

I love the plum lip trend, so always use this on a night out

DIORSHOW MASCARA

in Black, £22, by *Christian Dior* (020 7216 0216). I can't live without mascara – if I'm tired my eyes tend to disappear into the back of my skull. You just need two coats of this for a false-lash look



The Treatment

REBECCA CLARKE FACE LIFT MASSAGE

It's the Dorian Gray effect without needles, peels or surgery – Clarke coaxes your skin to perfection with ayurvedic and Swedish massage, lymphatic drainage and acupressure. £55 for an hour at *Shine on the Green*, London N1 (020 7241 2065)

BEAUTY SPOT

A BIT OF A SQUEEZE

'If you're confused about the perfect lip colour to go for, squeeze the tip of your middle finger. You'll see an intense red or pink colour, which is a guide for the lip shade you should be after'

Natsumi Watanabe, make-up artist